

HEALTH EDUCATION/PHYSICAL EDUCATION

Each school organizes and maintains a physical and health education program in accordance with Board of Education regulations and State Board of Health guidelines.

The Westmoreland County school division's goal is that a program of physical fitness will be available to all students for at least 150 minutes per week on average during the regular school year. Such program may include any combination of physical education classes, extracurricular activities and other programs and activities. The Westmoreland County School Board has incorporated a goal for the implementation of such program during the regular school year into its wellness policy, JHCF Student Wellness.

Adopted: December 11, 1995
Amended: October 7, 1996
Amended: August 12, 2002
Amended: April 18, 2005
Amended: August 8, 2008
Amended: July 12, 2010
Amended: April 20, 2015

Legal Refs.: Code of Virginia, 1950, as amended, §§ 22.1-207, 22.1-253.13:1.

8 VAC 20-320-10.

Cross Refs.: IGAG Teaching About Drugs, Alcohol, and Tobacco
JHCA Physical Examinations of Students
JHCF Student Wellness
JO Student Records